xR4x Assembly Instructions

**Base Box**
- Base (10090-010)
- Moving Handlebars (Left and Right) (10090-078)
- Upper Seat Assembly (10090-081)
- Console Mast (10090-082)
- Wheelblocks
- Hardware Pack

**Base Hardware**
- B-1 (10) (10090-083)
- B-2 (10) (10090-084)
- B-3 (4) (10090-085)
- B-4 (2) (10090-086)
- B-5 (2) (10090-087)
- B-6 (2) (10090-088)
- B-7 (2) (10090-089)
- B-8 (2) (10090-090)
- Hex Wrench (2) 2mm (10090-091)
- Hex Wrench (2) 3mm (10090-092)
- Hex Wrench (2) 4mm (10090-093)
- Console Hardware (1) (10090-094)
- #2 Phillips Screwdriver

**xR4x Console Box**
- xR4x Console and Keypad
- Information Packet
- Power Cord
- Power Supply

**Heart Rate Module & Upper Seat Frame**
1. Connect heart rate cables in base (Qty 2) to cables upper seat assembly.
2. Attach upper seat assembly to lower seat with B-1 (Qty 4); tighten with 6mm hex to 9 ft-lb.

**Console Mast**
1. Attach console mast to base with B-1 (Qty 6); tighten with 6mm hex to 9 ft-lb.
2. Attach mast covers with B-3 (Qty 4); tighten.
3. Connect console cables.
4. Attach console to mast with C-1 (Qty 4); tighten.

**Moving Handlebars**
- Install washer B-5 (Qty 1) on handlebar pivot shaft.
- Position and press handlebar completely onto pivot shaft and arm link axle.
- Attach locking spacer B-6 (Qty 1) to pivot shaft. Tighten with 8mm hex to contact with hub bearing; then loosen 1/4-turn. Tighten set screws with 2mm hex.
- Attach lower hub with washer B-4 (Qty 1) and B-2 (Qty 1); tighten to 17 ft-lb.
- Install caps B-7 (Qty 1) and B-8 (Qty 1) at pivot and lower hub.

**Level & User Set-Up**
1. With help, tilt unit up so that wheel block can be slid under wheel on each side.
2. Adjust and lock levelers; **make sure nut is tight**.
3. Press leveler covers over stabilizer bar.
4. Connect power supply to unit; connect power cord to power supply and to power outlet.

Questions?
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