**Assembly Instructions**

### Step-by-Step Assembly Directions

#### Base Box

1. Position top cover; hold back edge in place; shift front edge forward and down.
2. Press bottom edge to snap cover into place; secure with B-5 (Qty 2).
3. Wrap mast boot around mast; tuck into access panel.

#### Base Hardware

1. Loosen screws on sides of lower shroud.
2. Fit metal plate behind back shroud and side tabs into slots over side screws. Secure back with B-4 (Qty 2), B-3 (Qty 1). Tighten to (30 ft-lb).
3. Connect heart rate and control button cables.
4. Repeat for second handlebar. Handlebars must be set to same position for proper functioning. Call Customer Service for assistance as needed.

#### Console Box

1. Adjust and lock levelers; make sure nut is tight.
2. Connect power supply to unit and to power outlet.
4. Before 1st use and as needed, clean tracks with a cloth and a solution of mild soap and water.

#### Console Hardware

1. Slide mast over screws on base; tighten.
2. Connect cable connector (mast to base, Qty 1); secure cables to frame with B-6.
3. Route heart rate cable through rear hole in mast and connect to base cable.
4. Connect console cables (2) and ground cable. Position console assembly over top of mast; attach with C-1 (Qty 4). Connect power supply to unit and to power outlet. Verify that console LEDs light and stride motors move.
5. Align console back with console assembly. Snap console back and console assembly together at top. Secure console back with C-2 (Qty 5).

#### Pedal Lever & Adjustment

1. Remove bolt from 3-pivot link.
2. Attach pedal lever; tighten to 33 ft-lb.

#### Access Panel & Handlebar Covers

1. Loosen screws on sides of lower shroud.
2. Fit metal plate behind back shroud and side tabs into slots over side screws. Secure back with B-4 (Qty 2), tighten side screws.
3. Place handlebar covers.

#### Mast & Console Assembly

1. Position top cover; hold back edge in place; shift front edge forward and down.
2. Press bottom edge to snap cover into place; secure with B-5 (Qty 2).
3. Wrap mast boot around mast; tuck into access panel.

#### Information Packet

1. Attach handlebar at hub with B-1 (Qty 2), B-2 (Qty 2), B-3 (Qty 1). Tighten to (30 ft-lb).
2. Connect heart rate and control button cables. Repeat for second handlebar.

#### Top Cover & Mast Boot

1. Position top cover; hold back edge in place; shift front edge forward and down.
2. Press bottom edge to snap cover into place; secure with B-5 (Qty 2).
3. Wrap mast boot around mast; tuck into access panel.

#### Moving Handlebars & Adjustment

1. Attach handlebar at hub with B-1 (Qty 2), B-2 (Qty 2), B-3 (Qty 1). Tighten to (30 ft-lb).
2. Connect heart rate and control button cables. Repeat for second handlebar.

#### Handlebars

- **Moving Handlebars (L and R)**
- **Pedal Lever**
- **Right Pedal Lever**
- **Access Panel**
- **Top Cover**
- **Moving Handlebar Covers (2)**
- **Base**
- **Mast Boot**
- **Console Box**
- **Console Assembly**
- **Information Packet**
- **Power Supply**
- **Powerband Handle (2)**
- **Wireless Heart Rate Transmitter and Strap**

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**Questions?**

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