Assembly Instructions

Base Box
- Base
- Access Panel
- Mast Boot
- Console Mast
- Top Shroud
- Handlebar Covers (2)
- Moving Handlebars (L and R)

Base Hardware
- B-1 (4)
- B-2 (6)
- B-3 (1)
- B-4 (4)
- B-5 (4)
- B-6 (4)
- B-7 (4)

Q35c Console Box
- Console and Keypad
- Power Supply
- Information Packet
- Console Hardware

A Moving Handlebars

1. Slide mast over screws on base; tighten.
2. Connect cable connectors (mast to base); secure loose cables to frame with B-3.
3. Connect heart rate cable to heart rate board on console back. Match keypad and main cable connectors to sockets on console back; connect (2).
4. Attach console/keypad to mast with C-1 (Qty 4).

B Mast, Keypad & Console

1. Attach handlebar at hub with B-6 (Qty 2), and B-2 (Qty 4) between bolt and both sides of bracket; secure with B-3 (Qty 2); tighten (20 ft-lb).

C Access Panel & Handlebar Covers

1. Secure back of panel with B-1 (Qty 2).
2. Secure sides of panel with B-1 (Qty 2).
3. Place handlebar covers.

D Top Shroud & Mast Boot

1. Holding bottom edge in place, hinge top shroud down.
2. Attach top shroud with B-4 (Qty 4).
3. Wrap mast boot around mast; tuck into access panel.

E Level & User Set-up

1. Adjust and lock levelers; make sure nut is tight.
2. Connect power supply to unit and to power outlet.
4. Before 1st use and as needed, clean tracks with a cloth and mild soap and water.

Questions?
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