**Box Contents**
- Base
- Console Mast
- Handlebar Covers (Left and Right)
- Accessory Holders (Left and Right)
- Foot Pedals (Left and Right)
- Moving Handlebars (Left and Right)
- Seat Assembly
- Top Cover
- Stationary Handlebar
- Seat Pad
- Foot Rest
- Leveler Covers (2)
- Mast Boot
- Information Packet
- Hardware Pack
- Hardware Packet

**Hardware Pack**
- B-1 (10)
- B-2 (4)
- B-3 (4)
- B-4 (4)
- B-5 (4)
- B-6 (4)
- B-7 (4)

**Tools Required:**
- 5 mm hex wrench
- 6 mm hex wrench
- 17 mm wrench
- 13 mm wrench
- #2 Phillips screwdriver

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**A Install Mast**

1. Remove twist tie securing cable bundle; route cable up to top of mast (not shown).
2. Slide mast over screws on base; insert B-3 (Quantity 2, black zine) into holes in front of mast plate, tighten with 6mm hex wrench.
3. Insert B-3 (Quantity 2, black zine) into holes in top of mast plate. Use 8mm hex wrench to tighten all 6 screws to 30 ft-lb.

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**B Install Seat & Stationary Handlebar**

1. Place one B-8 washer on each B-4 (Quantity 4 total); use 6mm hex wrench to attach stationary handlebar and seat pad to seat assembly.
2. Use #2 Phillips screwdriver to attach accessory holders to stationary handlebar with B-5 (Quantity 6).
3. Use 6mm hex wrench to remove bolt from right side of seat axle in carriage; slide axle out left side of unit.
4. Lift tilt handle; slide seat/handlebar assembly onto carriage. Re-insert axle, making sure the flat edge of the right side of the axle is flush with the frame. Tighten right side bolt with 6mm hex wrench to 17 ft-lb.
5. Connect flat edge of control pull cable and control button cable (seat handle to base, not shown).
6. Lift seat forward; insert tilt cable in hole and slide up.
7. Use 13mm wrench and 6mm hex wrench to remove bolt, washers and nut from damper bracket on seat carriage; retain hardware. Remove protective packaging; then position lower end of damper bracket. Insert bolt in washer, through bracket and damper. Position 2nd washer and nut, and tighten using 8mm hex wrench and 12mm wrench.

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**C Install Moving Handlebars & Covers**

1. Attach each moving handlebar at hub with B-2 (Quantity 4); tighten with 17mm wrench to 30 ft-lb.
2. Slide one handlebar cover over each handlebar base.

**Optional**—Adjust moving handlebar for 1" longer or shorter reach:

- Use #2 Phillips screwdrivers to remove lower panel.
- Hold handlebar; use 17mm wrench to remove and reposition bolt; tighten to 30 ft-lb.
- Replace lower panel and secure with screws.
- Repeat for second handlebar. Settings on both handlebars must match.

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**Console Box Contents**

- Standard Console (Front and Back)
- Smart Console (Front and Back)

**Hardware Pack**
- G-1 (10)

**Tools Required:**
- #2 Phillips Screwdriver

**Hardware Pack**
- G-1 (10)

**Tools Required:**
- #2 Phillips Screwdriver

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**Questions?**

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**xR6000 Assembly Instructions**

**Smart Console**

1. Separate console back from console front; set console back aside (not shown).
2. Connect the C-SAFE cable from the mast cover to the console (cable not shown). **Note:** If you are installing a 900 MHz accessory, remove and discard the C-SAFE cable.
3. Connect heart rate cable attached to heart rate board on console back to heart rate cable from mast (black, 6-pin connector).
4. Make additional cable connections from mast to back of console:
   - **Standard Console:** power, 2 handles, 1 base, 1 LAN, 1 ground
   - **Smart Console:** power, 2 handles, 1 base, 1 LAN (leave ground unconnected)
5. Using Phillips #2 screwdriver, attach console front to top of mast with C-1 (Quantity 4); tighten. Remove screw securing mast cover to mast; retain screw, if C-SAFE cable is in use, let mast cover hang from cable.
6. For Smart console only: Install power switch; connect cable and power.
   - a. Remove rubber plug from mast cover (not shown).
   - b. Route two-connector end of switch cable through the opening where plug was removed. Attach connectors to tabs on switch (either connector can go on either tab).
   - c. Press switch fully into opening of mast cover, let mast cover hang from cables.
   - d. Connect power cord and power supply. Plug into base of unit and wall socket. Press power switch to power on the console.

If you have the optional **Personal Viewing System (PVS) accessory**, refer to **Personal Viewing System (PVS) Assembly Instructions** (Part Number 110748-001), located in the box with your PVS accessory, then return to these instructions to complete final assembly.

If you have the optional **900 MHz accessory**, refer to **900 MHz Assembly Instructions** (Part Number 110749-001), located in the box with your 900 MHz accessory, then return to these instructions to complete final assembly.

**E Connect Battery, Install Top Cover & Mast Boot, Pedals & Footrest**

1. Use #2 Phillips screwdriver to remove 2 screws securing left side round cover; remove cover and set aside with screws.
2. Connect cable on battery to cable in base (if you have not already done so during installation of PVS or 900 MHz accessory); move handles to verify power to console.
3. Use #2 Phillips screwdriver to reinstall left round cover.
4. Use a #2 Phillips screwdriver to attach top cover with B-1 (Quantity 2), then wrap mast boot around mast. Remove twist tie from upper pedal links (not shown).
5. Place B-12 (Quantity 1) and press lower end of one pedal onto crank axle.
6. Attach upper pedal hub with B-4 (Quantity 1) and B-11 (Quantity 1); tighten with 8mm hex wrench to 30 ft-lb.
7. Attach lower hub of pedal with B-6 (Quantity 1) and B-9 (Quantity 1); tighten with 8mm hex wrench to 30 ft-lb. B-10 (Quantity 1) into hub. Repeat steps 5 - 7 for second pedal.
8. Attach foot rest bracket to mast with B-7 (Quantity 4); tighten with 5mm hex wrench.

**F Complete Setup, Attach Covers & Level Machine**

1. Complete Console Setup according to instructions found in the Console Guide and Setup Instructions (Part Number 111289-001 – Standard Console or Part Number 111768-001 – Smart Console).
2. Use a #2 Phillips screwdriver to attach back cover to console with C-1 (Quantity 6); tighten. Reattach mast cover to mast with screw removed in step D-5, taking care to tuck cables out of the way before securing to mast. (Shown in Section D Illustration).
3. Level machine; adjust and lock levelers. Make sure nut is tight. Press lever covers over levelers on both sides.

**Questions? octanefitness.com**