

ZERO RUNNER

SMARTER THAN A TREADMILL



ZR7000

The new Zero Runner ZR7000 replicates real walking, jogging and running motion but without any stressful impact to the body. A true, non-impact alternative to a treadmill, the Zero Runner uses independent hip and knee joints to mimic human biomechanics without a fixed stride, so exercisers can walk with a shorter stride or run with strides up to 58". Using the same muscles as running, the Zero Runner enables virtually everyone to run without impact.

OCTANE ADVANTAGES

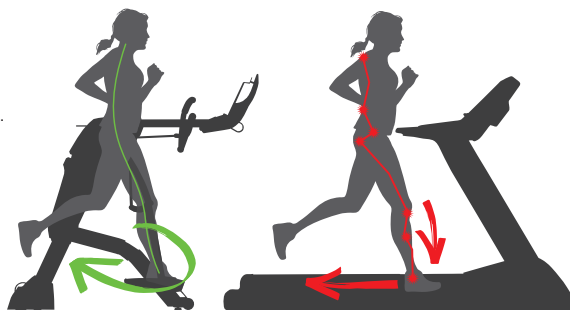
- Zero-Impact Running™
- True running motion
- Walk, jog or run
- Up to 58" stride length
- Customized to users stride
- Lower cost of ownership
- Quiet operation
- Shorter than a treadmill
- Smart or standard console
- CROSS CIRCUIT® compatible

ZERO RUNNER

By reducing the repetitive impact, the Zero Runner enables users to optimize their form, engage the core and concentrate on activating the hamstrings and glutes. Users can choose to walk with shorter strides, or vary their stride and pace throughout the workout to jog or run, just like outside.

Plus, with live stride tracing*, the Zero Runner enables users to perfect their stride to become more efficient and consistent in their form for better performance.

**smart console only*



TREADMILLS

Exercising on a treadmill continues to pound the body and places significant pressure on the joints with every stride. Plus, running on a treadmill with a moving belt doesn't match running outdoors.

Many runners experience that they do not sufficiently engage the hamstrings and glutes, and their form changes to accommodate the belt.

ZR7000 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

User-defined running motion	•
Dynamic stride length	58" (147 cm)
Low step-up height	5.2" (13.2 cm)
Pedal spacing	2" (5 cm)
Rubber non-slip pedals	•
Rubber non-slip step	•
One-time lock-out handlebars	•
Tablet / reading rack	•
CROSS CIRCUIT compatible	○
Water bottle holder	•
Quiet operation	•
Transport wheels	•

CONSOLE OPTIONS

Smart	10" (25.4 cm) capacitive touch screen
Standard	Large LED display with integrated capacitive buttons

ENTERTAINMENT OPTIONS

Personal viewing screen	○
Wireless 900 Mhz	○

ELECTRONICS FEATURES

Resistance levels	15
Bluetooth® 4.0	•
Self-powered (standard console only)	•
Quick Start	•
Wireless heart rate (ANT+™ and Polar®)	•
Digital contact heart rate sensors on stationary handlebars	•

WORKOUTS

Number of programs	12
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PRESET PROGRAMS

Quick Start	•
Manual	•
Distance Goal	•
Calorie Goal	•
Interval	•

ADVANCED PROGRAMS

30:30 Interval	•
CROSS CIRCUIT® Solo	•
CROSS CIRCUIT® Group	•
CROSS CIRCUIT® Total body blast*	•
CROSS CIRCUIT® Lower body blast*	•
CROSS CIRCUIT® Upper body blast*	•
CROSS CIRCUIT® Core*	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	43.2" x 69.6" (110 cm x 176 cm)
Footprint with CROSS CIRCUIT (W x L)	43.2" x 69.6" (110 cm x 176 cm)
Product weight	357 lbs (162 Kg)
Product weight with CROSS CIRCUIT	382 lbs (173 Kg)

WARRANTY

Parts	3 years
Labor	1 year

Warranty outside the US and Canada may vary.

SMART CONSOLE

(with personal viewing screen)



STANDARD CONSOLE

(with personal viewing screen)



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